

# Piano For Kids (Level 1): Lesson 1

## Starting with Middle C

by Ron Drotos

For our first lesson, start by watching the video to see me show you the notes on the piano. I'll then guide you through some fun ways to make up your own music, right from the beginning!

After that, I'll explain the music below and show you how to play it on your piano or keyboard. Have fun!

Treble clef  
(also known as  
G clef)

Time signature:  
the top number tells you  
how many beats are in  
each measure

Bar line (separates measures)

measure

Bass clef  
(also known as  
F clef)

1. Middle C in whole notes (4 beats each)  
(Right hand, 1st finger)

Counting  
1 2 3 4

Double barline  
at end of piece

(The left hand doesn't play anything in this lesson)

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2. Middle C in half notes (2 beats each)

Musical notation for exercise 2. It consists of a grand staff with a treble clef and a 4/4 time signature. The right hand plays four half notes of Middle C (C4) on the middle line of the treble clef. The first two notes are beamed together, and the second has a '2' below it. The next two notes are also beamed together, and the second has a '2' below it. The left hand plays four whole rests, represented by a horizontal line with a small square below it, on the middle line of the bass clef.

3. Middle C in quarter notes (1 beat each)

Musical notation for exercise 3. It consists of a grand staff with a treble clef and a 4/4 time signature. The right hand plays eight quarter notes of Middle C (C4) on the middle line of the treble clef. The first four notes are beamed together, and the first has a '1' below it. The next four notes are also beamed together, and the first has a '1' below it. The left hand plays four whole rests, represented by a horizontal line with a small square below it, on the middle line of the bass clef.

4. Mixed rhythms

Musical notation for exercise 4. It consists of a grand staff with a treble clef and a 4/4 time signature. The right hand plays a sequence of notes: a half note, four quarter notes, two half notes, and a whole note, all on the middle line of the treble clef. The left hand plays four whole rests, represented by a horizontal line with a small square below it, on the middle line of the bass clef.

5. Write your own music (use Middle C with mixed rhythms)

Musical notation for exercise 5. It consists of a grand staff with a treble clef and a 4/4 time signature. The right hand staff is empty, intended for the student to write their own music. The left hand plays four whole rests, represented by a horizontal line with a small square below it, on the middle line of the bass clef.